

Fun Facts

- Coast to Coast Volleyball will be donating \$25 per athlete back to the St. Juliana's Athletic Department
- Coast to Coast founder Rese McNatt is currently the Athletic Director at Holy Family Catholic School in Orlando, FL
- Coach Rese is an alumna of St. Juliana's School & Rosary Academy in Fullerton, CA
- Rosary Academy inducted Coach Rese into the Wall of Fame in 2013



Questions?

contact: **Rese McNatt**

phone: **407-978-5055**

email: **vbcoast2coast@gmail.com**



**** Bonus Offer ****

Register by June 1, 2017

and receive a

Coast to Coast Volleyball

T-Shirt

2017



Elite instruction delivered by high quality coaches...

Right in your home gym.



JULY 24- JULY 27

About Coast to Coast

Coast to Coast Volleyball was founded by southern California native Rese McNatt. Rese played as an outside hitter for the legendary volleyball club ICHIBAN VBC in Long Beach, CA. She received a full scholarship to Missouri State University where she played right side and was team captain her senior season. At MSU, Rese was a two-time First Team All-MVC selection. Upon graduating in 2002, she played professionally for a decade throughout Europe and Asia. She has traveled to over 50 countries, and played for professional clubs in Spain, Croatia, Germany, Dubai, and Thailand. Rese helped her team win the United Arab Emirates League Championship, MEVZA CUP Championship, and was named MVP of the Slovenian Cup. In Spain, she was the top point scorer in the SuperLiga for two consecutive seasons. She has coached All-American Volleyball camps & clinics throughout the USA during the off-season for the past six years. Upon retiring from professional volleyball in 2016, Rese now resides in Orlando, FL.

Coast To Coast Volleyball Clinics provide a personalized camp experience with individual training from highly qualified professional players & coaches

SCHEDULE:

MONDAY JULY 24 - THURSDAY JULY 27

Beginner Clinic - Grades 4 & Up

9am - 11:30am

Intermediate/Advanced Clinic - Grades 6 & Up

12pm - 2:30pm

Beginner Clinic - Grades 4 & Up

4pm - 6:30pm

We know summer is a busy time for everyone. That is why Coast to Coast Volleyball offers various options to fit your schedule.

All clinics are open to both boys and girls.

St. Juliana's welcomes participants from the parish as well as other schools.

TRAINING:

Skills will be developed through a variety of **repetitive drills** with lots of **quality touches**. Competitive drills in **game-like** situations will also be used.

Clinic Details

- **Cost is \$125 per athlete per clinic**
- **\$25 per athlete will be donated back to St. Juliana's Athletics**
- **Each clinic runs 2.5 hours per day for 4 days**
- **Every athlete completing early registration will receive a Coast to Coast Volleyball T-Shirt**
- **Clinics will include warm up, individual skills training, competitive drills, team competitions, live games and cool down.**
- **All volleyball skills will be highlighted (passing, setting, attacking, blocking, digging, and serving)**
- **Private training lessons also available for an additional fee**
- **Space is limited. Please contact Athletic Director Heather Kiefer to register today or send email to: vbcoast2coast@gmail.com to receive a registration form**